# Obesity Summit January 18, 2006

### **Participant Identified Priorities**

#### School Policy – 30 votes

Legislative/policy – healthy vending, physical activity (12) Get rid of junk in schools (12) Increase daily physical activity (not just PE) in schools (6) Daily PE (0)

#### Culturally and linguistically appropriate programming – 22 votes

Community based approaches that are culturally/linguistically appropriate (10) Culturally competent approaches to weight control (10) Tailor messages and programs culturally and linguistically (2)

#### **Surveillance – 15 votes**

Surveillance system – sustained and results and methods communicated (14) Involve PCPs in measuring BMIs (1)

#### **Built Environment – 10 votes**

Provide incentives for growth patterns that encourage physical activity and active transport (5)

Educate local officials about land use and zoning to encourage physical activity (2) Safe access to schools/after school activities and walking through policy and law enforcement (1)

Increase biking and walking paths (2)

#### **Education and Training – 8 votes**

Encourage breastfeeding – private pediatricians and ob/gyns (5)

Educate employers to encourage moms to come back to work and breastfeed (2)

Train health care providers – anticipatory guidance (1)

Education in schooling system (0)

Change the way PE teachers are educated/prepared (0)

Pediatric provider education on BMI (0)

#### **Technical Assistance – 7 votes**

Provide coordinated technical assistance for change (5)

Provide better technical assistance to implement recommendations (2)

## Messages – 2 votes

Education with consistent messages (2)

Consistent messages across channels, like schools and families (0)

Reframing the message to be more positive (marketing) (0)

# **Programming – 1 vote**

Affordable and accessible healthy eating and active living programs at least year long (1) Low cost, easy to administer programs in worksites (0) Increase free/low cost programming (0)

# **Target Populations**

5 Target early childhood1 Children1 Adult obesity

#### Other

View schools as a worksite (1)
Resources for diabetics (financial, etc) (1)
Guidance and resources for families (0)
Incentives for food purveyors for healthier foods (0)
Healthy eating at work – preparing foods at home (0)